

# Symptom Checker

1. We are encouraging people to stay at home if they are sick.
2. For all fire stations and admin buildings, every door is an exit, but there is only one dedicated entrance. Each entry location should have notification with instructions on how to proceed into the facility.
3. At the beginning of every shift, crew members entering the station shall complete a self-check at the designated location to determine if “sick” or “not sick.” Each member must notify the assigned company officer verifying they have completed the self-check. If a crew member has one or more of the following symptoms immediately leave the location and return to your vehicle and notify your chain of command:
  - a. Fever with or without chills (38 C/100.4 degrees F)
  - b. Uncontrollable secretions or excretions that would likely result in the employee sneezing or blowing their nose during the course of caring for a patient or talking to a colleague
  - c. Sore throat
  - d. Productive or uncontrolled cough (unable to control cough during the course of seeing a patient or talking to a colleague) OR a cough lasting more than two weeks
  - e. Influenza or COVID-19-like illness (fever and cough, shortness of breath, or sore throat)
  - f. Diarrhea associated with an acute illness
  - g. Body aches and pains
4. At the halfway point and prior to the end of shift, the company officer should have each member reevaluate themselves by completing a self-check.
5. We are not documenting individuals for symptoms. This is simply a “sick” or “not sick” evaluation tool.
6. It is advised that each agency track sick leave/paid admin leave code to their staffing software for potential reimbursement.

## **If an employee is “sick” and/or becomes symptomatic:**

1. Send them home
2. Advise them they will be followed up by the organization Health Officer
3. Health Officer will then enroll employee in the symptom tracker.
4. The employee will be monitored twice daily
5. Will follow the “Return to Work” provided by King County.