


Ready Rebound



*The All-In-One
Sports Medicine Solution for
Your First Responders*



Firefighters have the **highest injury rates** of all U.S. occupations with 8.5 injuries per 100 full-time-equivalent

In 2021, firefighters had more than 60,000 reported injuries¹:
- 45% strains, sprains, or muscular



Ready Rebound

National First Responder Staffing Crisis

Personnel makes up 82% of a City's overall budget

Public Safety is 42% on average of a City budget

The #1 variance in a City budget is First Responder overtime



Ready Rebound Healthcare Navigation

Pro athletes get specialized, high-level, quality orthopedic care. We believe the same early injury detection & expedited, quality care should be available to our local heroes.



Ready Rebound
Luis Rivera, Founder



Luis Rivera, Founder
Ready Rebound



"I started Ready Rebound because we wanted to get people back to their jobs as quickly as possible, to their families as quickly as possible and back to their lives as quickly as possible."

Ready Rebound
Proven Success

330+

Active Clients

17

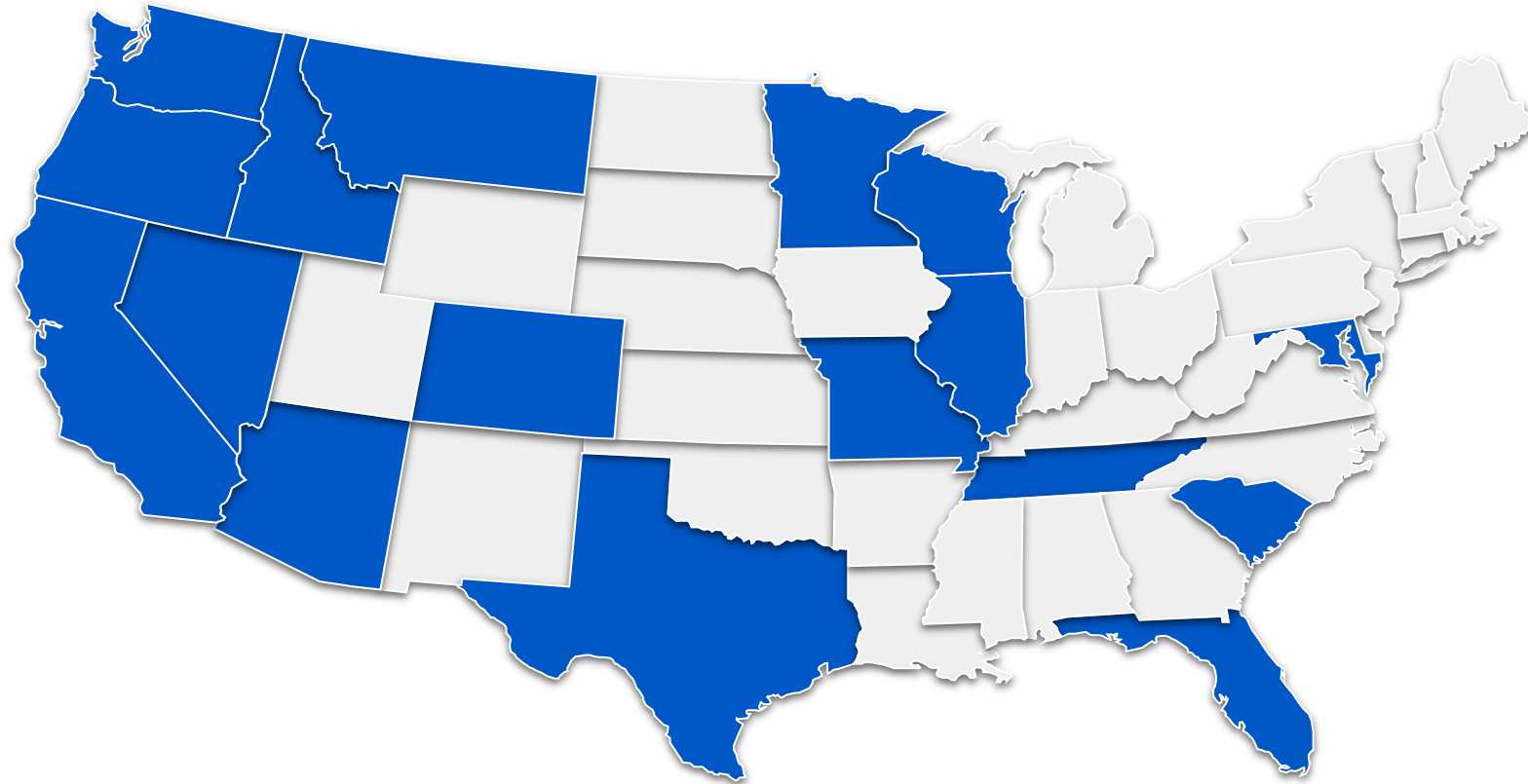
States Served

95+

Net Promoter
Score

65,000

Members +
Families

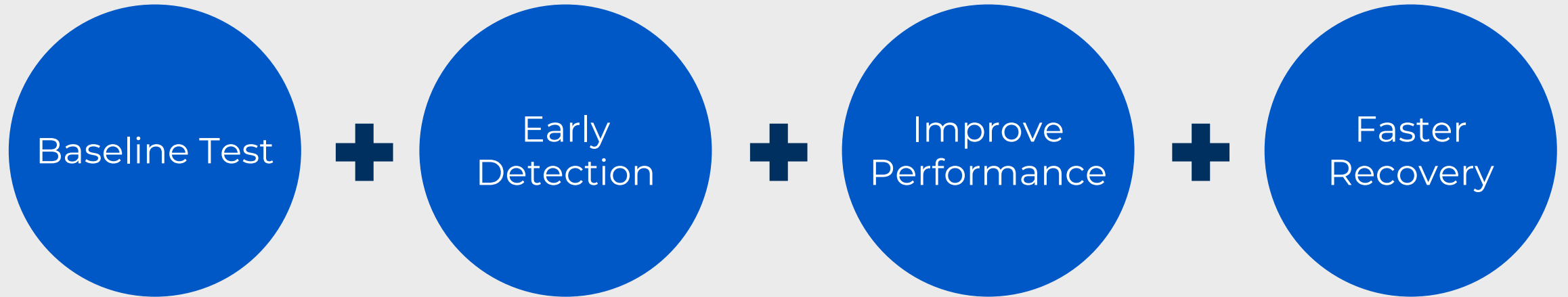


98%

Client
Retention



Ready Rebound
Sports Medicine Model

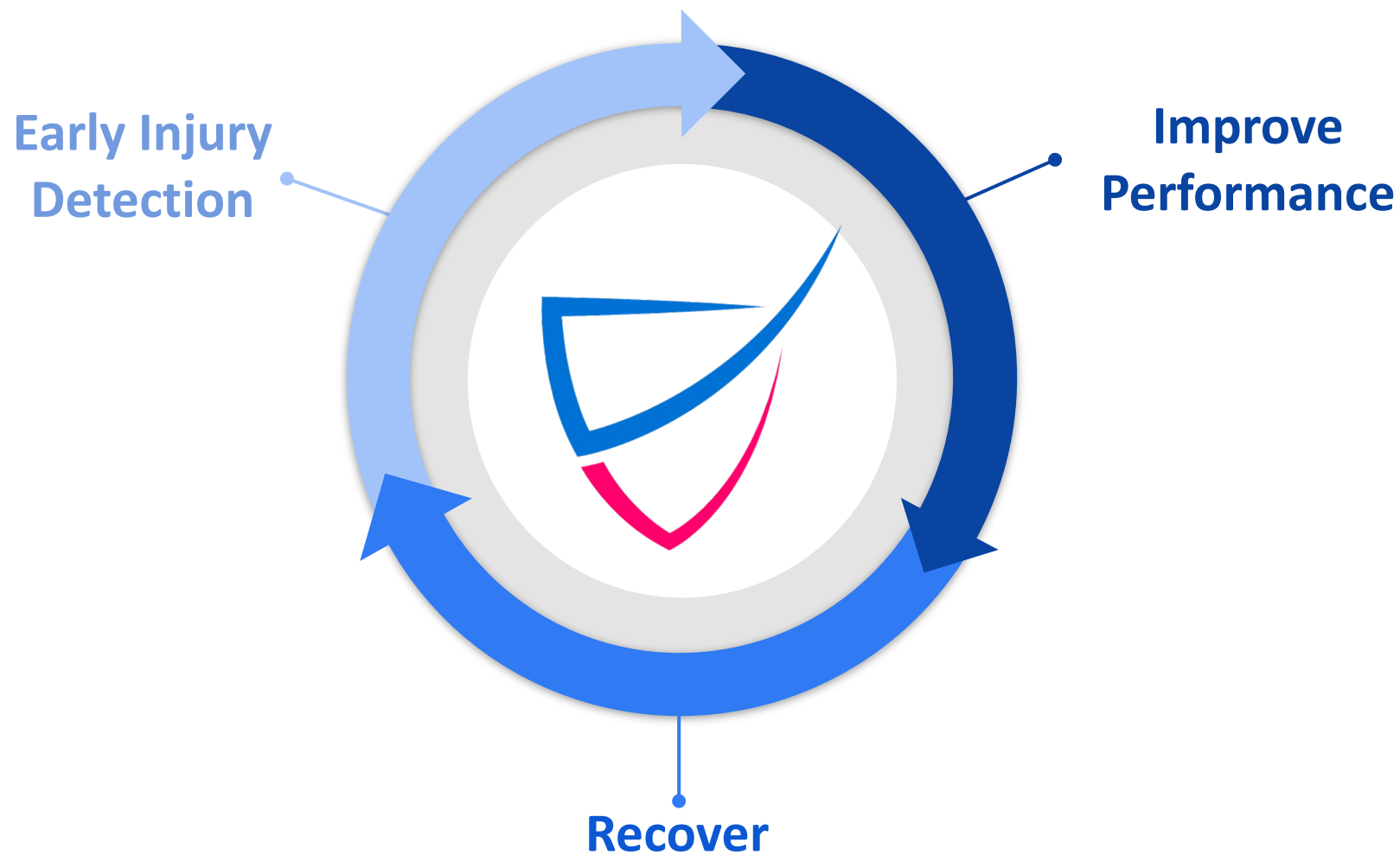


Sports Medicine model combines:

Expertise of orthopedics, early injury detection, and rehabilitation



Ready Rebound
Health & Wellness Lifecycle



Ready Rebound Recover: Solution

Up to 12-Weeks Faster



How:

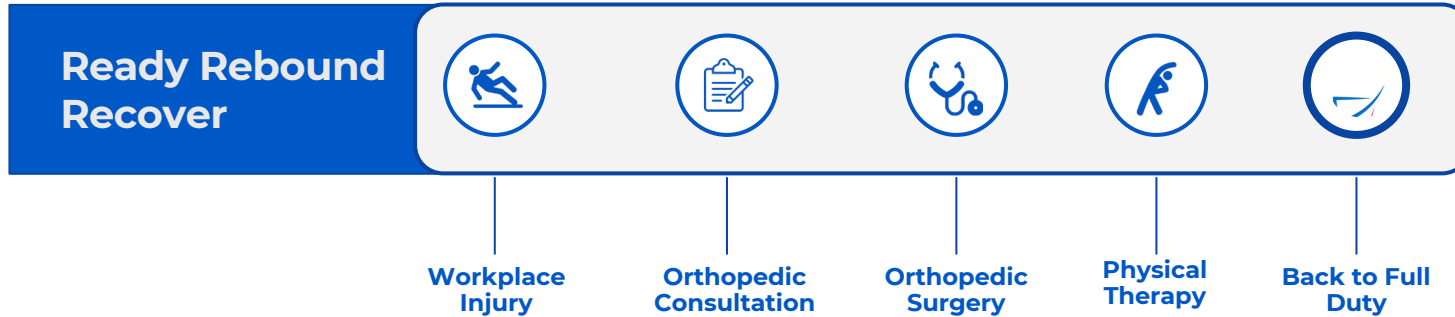
- Immediate Access
- Speed to Diagnosis
- Triage & Treatment Plan



Ready Rebound Navigator, Liz Whitley
Former Athletic Trainer for:
UW-Madison & ASU Athletics

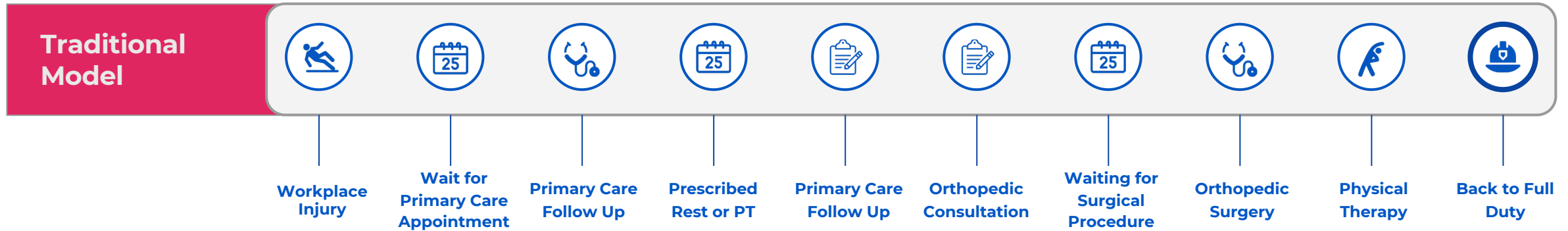
Ready Rebound Recover: Member Journey

6 Months>



Speed to Diagnosis

9 Months>



Results: 2023 Times to Treatment

Item	Time (days)	# of Cases
Initial Appointment	1.12	1,078
PT/OT	1.20	249
Imaging	1.05	308
Injection	2.00	234
Surgery	7.03	152

***Data based on total call/intake volume in 2023 (2,706 Total Calls/Intakes)**

- ~2,300 for initial appointments
- ~2,000 directly to the hotline



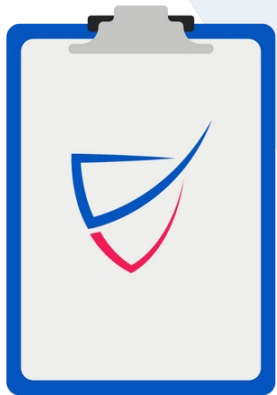
**THE BEST TYPE OF INJURY IS THE
ONE THAT NEVER HAPPENS**



Ready Rebound Early Injury Detection Process

68.7% decrease in participants undergoing
invasive procedures when part of an MSK
preventative exercise plan¹

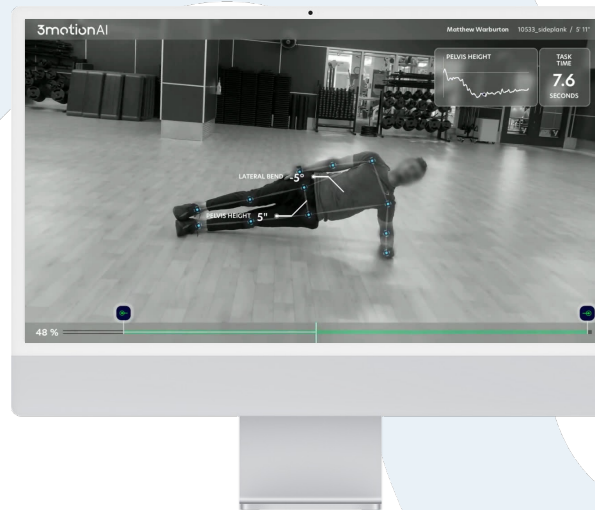
1 Fill Out the
Questionnaire.



2 Record Key
Movements.

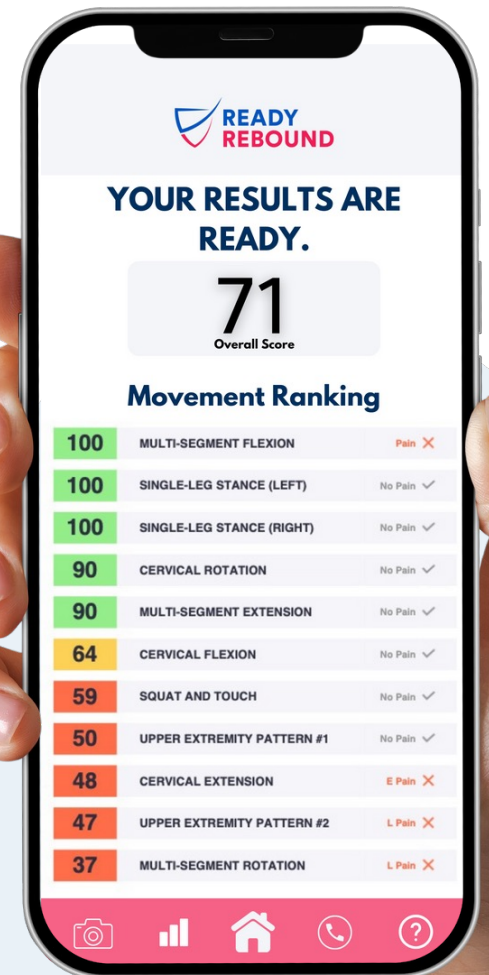


3 We Analyze Your
Body Movements.



4

Receive your
Movement Score.



Note 1: <https://www.hingehealth.com/validation-institute-proven-to-reduce-medical-claims/#:~:text=After%20an%20extensive%20review%20of,a%202.26x%20hard%20ROI.>

Ready Rebound
Who is Covered

**MEMBER
INJURIES**

**PROFESSIONAL
STAFF**

**RETIRED
MEMBERS**

**FAMILY
MEMBERS**

Covers both On and Off Duty Injuries



Provider Network

Network: We have **950+** providers in our network

Access: Our providers commit to giving each of our members the VIP experience that all professional athletes receive. This includes priority scheduling and collaborative communication.

Training: Our doctors, therapists, and clinicians gain insight into our members' physically demanding jobs through our Firefighter for a Day program that includes hands-on training and continuing education.

Chicago based MDs, participating at Frankfort Firefighter for a Day





Questions?